



ICELAND USA 2008

HOCKEY

ACADEMY

**Individual Skill Development
Instructor to Pupil Ratio: 8 to 1
Choose From Menu Style Clinics**

June 16-August 24, 2008

ICELAND USA

15381 Royalton Road

Strongsville, Ohio 44136

440-268-2800 ext 28

www.icelandusa.info

Mission Statement

The Mission of IceLand USA Hockey Academy is to provide an instructional experience that allows a student to improve their skills, knowledge of the game, and overall self-confidence as it relates to the game through a “positive” learning experience.

We accomplish our Mission by focusing our efforts on providing the following:

- An experienced, trained and dedicated staff of instructors who take an active roll in the development of their students
- Individualized instruction, which pinpoints student’s strengths and weaknesses and challenges them to their competitive level
- Innovative drills and teaching techniques that offer students the very latest methods used today
- A progressive curriculum that focuses on the primary fundamental skill groups so vital to the ongoing development of all players, including the skating skills, passing skills and shooting skills
- A disciplined, yet fun learning environment that permits players the freedom to experiment with their talents and encourages students to push themselves past their current skill capacity

Our Philosophy is really quite simple.

The game of hockey should be fun for everyone who plays it. By continually learning and developing the fundamental skills and knowledge of the game, each player will gain confidence and self-esteem to be able to compete and enjoy the game at every competitive level.

ICELAND USA

HOCKEY DIRECTOR

BOB JACOBSON
440-268-2800 Ext. 28

Bob Jacobson has been in the Cleveland area for 20 years coaching at the Junior, Youth and High School levels.

Bob has served as the General Manager and Head Coach of the Cleveland Lumberjacks Junior Hockey Program for the last nine years.

Hockey Academy Instructors

Jim Burchin

Niagara University: Junior Fall 2008

Jim, a native of Strongsville, Ohio played 4 years of Junior A Hockey. Three of those years were with the Cleveland Barons Junior A team and one year with the Bay State Breakers of the Eastern Junior Hockey League. He just finished his first year playing defense for the Purple Eagles icers.

Nick Biondo

Ohio State University: Senior Fall 2008

Nick, a native of Parma, Ohio played 4 years of Junior A hockey for the Cleveland Barons. He just finished his second year playing both forward and defense for the Buckeyes'.

Kelly Lynch

Power Skating Coach

Kelly is a Professional Figure Skating coach with eighteen years coaching experience. In addition to coaching Regional and National Figure Skaters, she is a Certified Power Skating instructor for both Hockey and Figure Skating thru the Professional Skaters Association.

Bob Krosky

Bob, a native of Cleveland, Ohio played Division I College hockey at Kent State University. Bob has eleven years of coaching experience, he is currently the Head Coach of the Cleveland Jr Lumberjacks 96 team

Sean Evans

A native of Parma, Ohio played four years of High school hockey for Padua High School. After high school Sean played two years for the Cleveland Lumberjacks Junior team. For the past five seasons Sean has been an Assistant Coach at Padua High School.

Clinic Description

Power Skating I: (All Ages) Power skating 1 is designed to work on all aspects for the forward and backward stride. Like all of our camps, the players will be divided into small groups by age, size, skill and experience for this program.

- Forward and backward Striding
- Forward and backward starting quickness
- Inside and Outside Edge work
- Crossover and cross under acceleration

Power Skating II: (All Ages) Power skating 2 is designed to work on the agility of skating. Like all of our camps players are divided into small groups by age, size, skill and experience for this program.

- Pivoting and transitional skating
- Foot Quickness
- Crossover acceleration and lateral mobility
- Stopping, turning and pivoting
- Backward Quickness

Power Skating III: PS I and II Recommended (All Ages) Power skating III is designed to work on all aspects for the forward and backward stride. This camp will expand on PS II.

- Power and Stamina
- Forward and backward starting quickness
- Inside and Outside Edge work
- Crossover and cross under acceleration

Power Skating IV: PS III Recommended (All Ages) Power skating IV is designed to work on all aspects for the forward and backward stride. This camp will expand on PS III.

- Power and Stamina
- Foot Quickness
- Crossover acceleration and lateral mobility
- Stopping, turning and pivoting
- Backward Quickness

Beginning Hockey I: Players must have passed Basic 1 and Basic 2 Skating. Helmets, gloves and sticks are required. Players are divided into small groups based on skill and experience. The program features a nice blend of instruction and skill game to create a fun, yet productive learning environment designed to develop the confidence and self-esteem of every player.

- Forward and backward striding
- Edgework and stopping
- Crossovers and tight turning
- Stick handling
- Passing and Receiving

Beginning Hockey II: Players must have taken Beginning Hockey 1. Helmets and sticks are required. Players are again divided into small groups based on skill and experience. The program continues one from Beginning Hockey 1 with a nice blend of instruction and skill games.

- Stick handling and Puck Control
- Forehand and backhand passing and receiving
- Forehand and backhand shooting
- Positional play and instructional scrimmage on final day

Shooting I: (All Ages): Learning to shoot different types of shots along with teaching the weight transfer to gain maximum velocity. Players will be divided into small groups by age, size, skill and experience.

- Wrist shot
- Slap shot
- Snap shot
- Backhand shot

Shooting II: Players must have taken Shooting I (All Ages): This camp takes shooting to another level with most of the shooting done with your feet moving. Learning how to shoot to score while going thru traffic.

- Wrist Shot
- Slap Shot
- Shooting for the Rebound
- Shooting out of a Pivot

Offensive Skills I: (All Ages) Program will work on basic offensive skills. We will work on split-second decisions with and without the puck , body movement and understanding where to be , along with the skating and puck handling skills to achieve results on the ice.

- Seeing the ice
- Foot quickness and transitional skating techniques
- Deceptive dekes, puck protection and possession skills
- Quick puck movement and playmaking concepts
- Shooting and scoring skills

Offensive Skills II: Players must have taken OS I (All Ages) Must have attended Off Skills I. This program will work on basic offensive skills. We will work on split-second decisions with and without the puck, body movement and understanding where to be , along with the skating and puck handling skills to achieve results on the ice.

- Seeing the ice
- Foot quickness and transitional skating techniques
- Deceptive dekes, puck protection and possession skills
- Quick puck movement and playmaking concepts
- Stickhandling, Passing, Shooting and scoring skills

Checking I: (Ages 11 and up): Body checking begins at the Pee Wee age group (11-12 year olds) Learn the proper techniques of checking. Players are divided into small groups by age, size, skill and experience for this program.

- Body checking technique
- How to receive a check
- Angling and body positioning
- Stick checking
- Back checking

Checking II: Players must have taken Checking I (Ages 11 and up): Different types of checking are a big part of the game of hockey. This clinic will expand on Checking I and focus on why and when to check, finishing checks and body positioning.

- Angling and body positioning
- Stick positioning
- Back Checking
- Finishing checks

Defense School I: (All Ages) Playing defense is really nothing more than being in the right place at the right time, but there is a lot to learn about getting there. Players are divided into small groups by age, size, skill and experience for the program. Program begins each day with emphasis on defensive-specific skating skills that will enable defensemen to get to the right place on the ice.

- Balance, agility and backward skating speed
- Reading the play and taking away space
- Transitional skating skills and pivoting
- Effective use of stick and body, angling and checking technique
- Puckhandling skills and decision-making

Defense School II: Players must have taken DS I (All Ages) Program begins each day with emphasis on defensive-specific skating skills that will enable defensemen to get to the right place on the ice.

- Balance, agility and backward skating speed
- Reading the play and taking away space
- Transitional skating skills and pivoting
- Quick directional changes and lateral mobility
- Effective use of stick and body, angling and checking technique
- Puckhandling skills and decision-making

Scrimmage & Conditioning Camps I: (Ages 7 thru 10): These camps will feature situational scrimmages. These games will be stop and started so that every player can learn from the situation that is happening on the ice.

- 3 on 3 scrimmages
- 5 on 4 scrimmages
- defensive zone scrimmages

Scrimmage & Conditioning Camps II: (Ages 11 and up): These camps will be situational scrimmages. These games will be stop and started so that every player can learn from the situation that is happening on the ice.

Listed below are the dates and times of the clinics that are being offered. Please use the *session number* to indicate your choices when registering for a clinic.

Session Number	Clinic Name	Days Clinic Held	Dates	Time of Day
	Power Skate I			
101		Mon, Tues, Wed, Thur	June 16-19	2:00PM
102		Mon, Tues, Wed, Thur	June 23-26	2:00PM
103		Mon, Tues, Wed, Thur	July 7-10	5:10PM
	Power Skate II			
104		Mon, Tues, Wed,Thur	June 16-19	4:00PM
105		Mon, Tues, Wed, Thur	June 23-26	4:00PM
106		Mon, Tues, Wed, Thur	July 14-17	2;00PM
	Power Skate III			
107		Mon, Tues, Wed, Thur	June 30- July 3	5:00PM
108		Mon, Tues, Wed, Thur	July 28-31	5:00pm
	Power Skate IV			
109		Mon, Tues, Wed, Thur	August 4-7	5:00PM
110		Mon, Tues, Wed, Thur	August 11-14	5:00PM

Session Number	Clinic Name	Days Clinic Held	Dates	Time of Day
	Beginning Hockey I			
111		Mon, Tues, Wed, Thur	June 16-19	2:00PM
112		Mon, Tues, Wed, Thur	June 23-26	2:00PM
113		Mon, Tues, Wed, Thur	July 14-17	3:00PM
114		Mon, Tues, Wed, Thur	July 28-31	4:00PM
	Beginning Hockey II			
115		Mon, Tues, Wed, Thur	June 30- July 3	3:00PM
116		Mon, Tues, Wed, Thur	July 7-10	4:10PM
117		Mon, Tues, Wed, Thur	July 21-24	5:10PM
118		Mon, Tues, Wed, Thur	August 4-7	2:00PM
	Offensive Skills I			
119		Mon, Tues, Wed, Thur	June 16-19	3:00PM
120		Mon, Tues, Wed, Thur	June 30- July 3	4:00PM
121		Mon, Tues, Wed, Thur	July 21-24	4:10PM
	Offensive Skills II			
122		Mon, Tues, Wed, Thur	July 7-10	5:10PM
123		Mon, Tues, Thur, Fri	August 4-7	2:00PM
124		Mon, Tues, Wed, Thur	August 11-14	3:00PM

Session Number	Clinic Name	Days Clinic Held	Dates	Time of Day
	Defense Skills I			
125		Mon, Tues, Wed, Thur	June 16-19	3:00PM
126		Mon, Tues, Wed, Thur	July 21-24	4:10PM
	Defense Skills II			
127		Mon, Tues, Wed, Thur	July 14-17	4:00PM
128		Mon, Tues, Wed, Thur	August 11-14	3:00PM
	Checking I			
129		Mon, Tues, Wed, Thur	June 30- July 3	2:00PM
130		Mon, Tues, Wed, Thur	July 28-31	4:00PM
	Checking II			
131		Mon, Tues, Wed, Thur	July 14-17	3:00PM
132		Mon, Tues, Wed, Thur	August 4-7	3:00PM

*****HIGH PACED – STRESS FREE *****

APPROACH TO SKILL DEVELOPEMENT

DESIGNED FOR ALL TALENT LEVELS

Session Number	Clinic Name	Days Clinic Held	Dates	Time of Day
	Shooting I			
133		Mon, Tues, Wed, Thur	June 23-26	3:00PM
134		Mon, Tues, Wed, Thur	July 14-17	4:00PM
	Shooting II			
135		Mon, Tues, Wed, Thur	August 4-7	3:00PM
136		Mon, Tues, Wed, Thur	August 11-14	2:00PM
	Conditioning & Scrimmage I			
137		Mon, Tues, Wed, Thur	August 4-7	4:00PM
	Conditioning & Scrimmage II			
138		Mon, Tues, Wed, Thur	August 11-14	4:00PM

*******REMEMBER TO TAKE A LOOK AT *******

THE SPECIAL FOR MUTIPLE CLINICS

When you sign up for 10 clinics the price drops to \$350 which is a savings of \$130.

You receive almost 40 hours of ice time.

Compare to other camps that charge much more for much less ice time.

ICELAND USA 2008 HOCKEY ACADEMY

Program registration fee is \$48 per player/per 50 minute class.

A late fee of \$5 will be charged if the player is not registered two (2) days prior to the first class.

Register for a group of sessions and save!!!!

10 Clinics (40 hours of ice time) Regular Price \$480

Package Price \$350

Savings of \$130

5 Clinics (20 hours of ice time) Regular Price \$240

Package Price \$200

Savings of \$40

HOW TO REGISTER

Stop at the Ice Land USA reception desk and enroll in person. Pay by cash, check, or credit card (Visa and MasterCard) or by mail: complete the Registration Form; select the class that's right for your player and include a credit card number or check made payable to Ice Land USA. Mail form and payment to: Ice Land USA, Hockey Academy, 15381 Royalton Road, Strongsville, Ohio 44136. Or fax the completed registration form with credit card information to 440-268-2801 to reserve your place in one of our clinics.

- Make- up classes are not permitted.
- No refunds will be issued after the start of the class.
- Class schedules may be added, cancelled or adjusted as required to meet demand.
- You will be notified if you have been closed out a class or a class cancellation.

******* CONDITIONING CAMPS *******

These conditioning camps are designed for players at every level.

Youth Travel- High School- Jr.-College

They will be high tempo practices run to give you that extra edge on your competition and help prepare you for the upcoming season!!!

